

LUCSC 5A-SIDE – Rules of Play

1. 5-a-side soccer is played on a 20mx40m turf field with size appropriate goals. Whilst it may appear similar to football (soccer), there are distinct differences. Players must wear turf shoes or moulded (only) soccer boots, shin pads covered by long socks and 'sport' shirt and shorts (referees can prevent players entering the court if not dressed correctly)
2. Each team has 5 players on the court - one of whom MUST be the goalkeeper
3. Team squads can be up to a maximum of 9 players (usually 6 to 8 suffice)
4. Flying substitutions are allowed throughout the game- without notifying the referee and at the halfway line on the same side of the field(G/K's should only be substituted during a stoppage in play).
5. A goal CANNOT be scored directly from a sideline kick in, an indirect free kick or a kick-off (starting or restarting a game)
6. Other than #5 above, a goal may be scored from anywhere on the court (within the necessary rules of the game).
7. The whole of the ball must CROSS the whole of the line for the referee to award a corner, goal, goal clearance etc.
8. There is NO off-side!
9. Slide tackles are NOT allowed in a game of futsal by any players except goalkeepers (see # 18)
10. Shoulder charging is NOT allowed.
11. Aggressive / Dangerous play is NOT allowed.
12. There is a 4 second time limit placed on all set plays (corners, free kicks, etc).
13. To restart the game from the sideline a KICK IN replaces the throw in. Ball placed on sideline, player must have both feet on or outside the sideline.
14. To restart the game by a GOAL CLEARANCE, the g/k must THROW the ball into play.
15. A goalkeeper CANNOT throw or dropkick/punt the ball over the halfway line on the 'full'.
16. A g/k may NOT handle the ball from a back pass or kick in and is restricted to 4 seconds on the ball in his/her own half of the field of play.
17. Goalkeepers can only slide (side on) within the confines of their own penalty area. Sliding feet first toward an opponent is illegal (dangerous play).
18. Goalkeepers may only handle the ball within their own penalty areas ("D"s)
19. Players must retreat 5 metres from the ball at all 'set' plays.
20. Players CANNOT play the ball whilst ("lying") on the ground if an opponent is within playing distance of the ball.
21. Referees ALWAYS have the final say in ALL match decisions, please accept those decisions and respect our officials and the sometimes difficult work they do
22. Referees control games (if necessary) with YELLOW (caution) and RED (expulsion) cards.